

RESOURCES

This book would not be complete without listing some of the organizations, websites, publications, and other resources to which you can turn as you consider how you can connect more fully with the inner transformational work and the outer activist work through which you will make your most powerful contributions to wholeness.

As you are probably aware, there are countless such resources. None of them reflects the *entire* vision of *A New Republic of the Heart*, but they each enact one or more important dimensions of it. Like every perspective, every initiative is inevitably “true and partial.” A new stage and structure of consciousness and culture is partially expressing itself wherever it can, responding to new challenges, and always finding new forms of expression. So, inevitably, this list is partial as well, and undoubtedly I have failed to include *many* important initiatives even while including some less significant. This list also reflects my personal experience in America, mostly in California. And, like every list, over time it will become dated. Despite these caveats, many useful and valuable resources can be found here, often ones I know first- or second-hand, that I think might be valuable to you. And some resources link to many others. Each is finding a way to co-create some aspect of this new republic of the heart.

I have limited this list to initiatives that are consciously attempting to enact cultural transformation in one way or another. Equally valuable dimensions of a new republic of the heart, however, are the much larger number of efforts that embody the health and wholeness and caring character of human culture—not only the international relief workers, as important as they are, but also the many churches and charities and other good works; the local nurses and doctors and teachers and social workers and firefighters and emergency medical technicians and other first-responders; the farmers and technicians; the workers and entrepreneurs;

and the countless community builders and leaders who keep re-weaving the social fabric. When the body (or body politic) is under siege, what restores well-being is not just the immune system, but also the vastly larger number of cells that just keep pumping the blood and lymph and nerve impulses, sustaining life and health. Although they are not listed here, these resources are identified in a spirit of appreciation for many, many others—the widest possible spectrum of forms of service and care and activism that are expressing the broad and ultimately universal emergence of a new republic of the heart.

An online, updatable version of this Resource Section can be found at anewrepublicoftheheart.org/resources.

Terry Patten

- **My own work**, enacting a new republic of the heart as I have described it in this book—including events, courses, community networking opportunities, blog posts, and video and audio recordings—can be found at **terrypatten.com** and a site dedicated to this book, **newrepublicoftheheart.org**. This is the primary way to stay in touch with the work that I will do following the release of this book.
- Also, for over seven years I have periodically conducted public conversations in the **Beyond Awakening series** (beyondawakeningseries.com) in response to the question, “How can practice and higher consciousness help humanity rise to meet our current challenges?” I expect to convene public “conversations that matter” in the time ahead. You can stay informed about them by giving us your email address at that site.
- Ten years ago I founded **Bay Area Integral** (bayareaintegral.org). This nonprofit, all-volunteer organization convenes speaker events, conversations, and celebrations in the San Francisco Bay area. Those on its mailing list are kept abreast of its public events.

Heart Intelligence

The **HeartMath Institute** (heartmath.org) has pioneered research validating and legitimizing **the intelligence of the heart**, which is so crucial

to the present work. For almost thirty years, the people at HeartMath have been conducting biomedical research into the heart as a center of higher intelligence in human beings and creating tools and trainings that help people to activate it. Their ultimate mission is “to activate the heart of humanity” in its role as caretaker for future generations and the planet. (I worked closely with the HeartMath team in the 1990s and led the team that developed their first heart rate variability monitor.) Through organizational consulting, trainings, products, and the *Global Coherence Initiative*, HeartMath’s work has expanded tremendously, reaching people from all walks of life all over the US and the world.

The **Pachamama Alliance** (pachamama.org), led by Bill and Lynne Twist, is a dynamic partnership between indigenous Amazonian Achuar people and North Americans dedicated to bringing forth an environmentally sustainable, spiritually fulfilling, socially just human presence on our planet. Its superb educational programs help inspire and galvanize a healthy transformation of the consensus trance shaping global culture and industrial civilization. Among the most important are “*Awakening the Dreamer*,” a powerful transformational educational training program, and “*The Gamechanger Intensive*,” an online leadership training aiming to shift concern over the state of the world into meaningful effective activism.

Charles Eisenstein (charleseisenstein.net) has produced books, blogs, audio recordings, and videos that have inspired thousands of people to attempt to create “the more beautiful world our hearts know is possible.” With his heart’s higher intelligence guiding his clear mind, he has also dared to imagine a sacred economics based on a gift economy. His website contains a wealth of resources to help people understand how to embrace and practice empathy and interconnectedness and become more effective agents of social transformation.

ServiceSpace (servicespace.org), founded by Nippun Mehta, leverages technology for altruism. Run entirely by volunteers, it has become an umbrella for many generosity-driven projects and provides tools for individuals to organize their own local service events. It thus helps ignite fundamental generosity for inner and outer transformation.

The Goi Peace Foundation (goipeace.or.jp/en), organized by Masami and Hiroo Saionji, sponsors many far-reaching initiatives, including the Fuji Declaration, the Goi Peace Award, numerous youth education and

leadership programs, research studies, and symposia—all to nurture the necessary transformation of global society. It has official status at several U.N. agencies.

Integral Evolutionary Resources

The community of integral evolutionary thought and practice has been the primary context for my teaching work since 2004. Hundreds of books, conferences, seminars, meet-up groups, salons, articles, and blogs contribute to the integral evolutionary conversation. Here I only mention a handful of the most prominent and influential organizations.

- **Integral Life** (integrallife.com) is a membership organization that is also the primary web portal (alongside kenwilber.com) for the public work of the integral community associated with Ken Wilber. It offers a wealth of integral resources and educational and personal development programs online. It periodically offers major in-person gatherings for members of the international integral community. It publishes or produces most of the US-based projects formerly organized by the **Integral Institute**.
- **MetaIntegral** (metaintegral.org), founded by Sean Esbjörn-Hargens, is an alliance of three organizations—a training academy, a consulting firm, and a philanthropic think tank. It has sponsored four Integral Theory Conferences, publishes the *Journal of Integral Theory and Practice*, and offers rigorous educational and personal development programs.
- Since 2014, the **Integral European Conferences** (integraleuropeancconference.com) have become the main gatherings in Europe for the global integral community. But centers for integral thought, culture, and practice exist in many European countries, particularly Germany, where the **Integrales Forum** (integralesforum.org) has been active for well over a decade.
- The **Institute for Cultural Evolution (ICE)** (culturalevolution.org) is discussed under Transpartisan Initiatives.
- The **Center for Human Emergence** (humanemergence.org) founded by Don Beck, coauthor of *Spiral Dynamics*, is a global facilitator for conscious evolution with centers in the US, the

Netherlands, Denmark, and Germany and has also worked actively in the Middle East, Mexico, and South Africa.

- On **The Daily Evolver** (dailyevolver.com and on Facebook), Jeff Salzman regularly shines an integral light on current events in politics and culture through the lens of Wilber's integral theory.
- **Integral Evolutionary Educational Programs** are offered quite widely. I list just a few here:
 - Integral degree programs have been offered by **John F. Kennedy University** (jfkku.org) and the **Fielding Institute** (fielding.edu). **The California Institute of Integral Studies** (ciis.edu) offers a wide range of holistic higher educational programs. **Meridian University** (meridianuniversity.edu) offers integral education in its graduate programs, and a leadership and social transformation program led by its chancellor, Jean Houston. **Ubiquity University** (ubiquity.university) offers undergraduate and graduate programs in liberal arts, psychology, and the pursuit of wisdom.
 - **Integral Coaching Canada** (integralcoachingcanada.com) has developed a rigorous coaching method built around the core distinctions of integral theory.
 - **Pacific Integral** (pacificintegral.com), founded in 2004 by Geoff Fitch, Terri O'Fallon, and others, offers integral evolutionary programs and consulting services focused on generating transformative change in human systems.
 - **Next Step Integral** (nextstepintegral.com), a partnership between SIFCO's Stephan Martineau and his wife Miriam Mason Martineau, offers online courses on Integral Parenting and Integral Education.
 - **Ten Directions** (tendirections.com) offers certification programs in integral facilitation with Sensei Diane Musho Hamilton and online trainings in personal development, coaching, and influence taught by her and Rob McNamara.
 - **Integral Academy Hungary** (integralacademy.eu), founded by Integral European Conference organizer Bence Ganti, trains and certifies psychotherapists, counselors, and coaches.

- **ID Academy Denmark** (idacademy.dk), founded by Ole Vadum Dahl, trains and certifies psychotherapists and coaches and teaches Essential Life Practice.
- **Integral Publications**
 - **Academic journals:**
 - *The Journal of Integral Theory and Practice*, published by MetaIntegral (<https://foundation.metaintegral.org/JITP>)
 - *Integral Leadership Review* (integralleadershipreview.com)
 - *Integral Review* (integral-review.org).
 - **General interest publications:**
 - *Emerge-Bewusstseinkulture Magazin [Emerge: A Magazine of Consciousness and Culture]* (emerge-bewusstseinkulture.de) contributes important original leading-edge thought and dialogue to the big questions asked in this book.
 - *Kosmos: Journal for Social Transformation* (kosmosjournal.org), founded by Nancy Roof, probably contains the most dynamic popular integral evolutionary articles in printed form in English.
 - *The Cosmos Co-op* (cosmos.coop) is described in chapter 8, and is both a publication and a community. It continues to express and further develop the dynamic intellectual inquiry that can still be found on **Beams and Struts** (beamsandstruts.com).

Explicitly Spiritual Activism

Many books and organizations are working to catalyze **spiritually inspired social change**. Each works in its own unique way, but many initiatives have important commonalities with the unique synthesis you see in this book. Here are a few:

- **The Work That Reconnects Network** (workthatreconnects.org). Eco-philosopher and Buddhist scholar Joanna Macy has shown how to connect with our grief over the state of the world. It is also an elegant process for connecting with gratitude and transformational

insight, and this combination empowers effective activism. The network trains facilitators and offers support, guidance, and inspiration to people working for the Great Turning worldwide.

- **Engaged Buddhism** is beautifully expressed in the work of **Zen Peacemakers** (zenpeacemakers.org) founded by Roshi Bernie Glassman. For thirty-five years it has served the poor in the Bronx and Yonkers, especially through Greyston Bakery (greyston.org). More recently, it has also helped mobilize a worldwide movement of humanitarian, peace-building, social and civic action based on its three tenets (Not Knowing, Bearing Witness, and Taking Action), and it includes projects focusing on Auschwitz/Birkenau. **The International Network of Engaged Buddhists** (inebnetwork.org), headquartered in Thailand; the national US organization **The Buddhist Peace Fellowship** (buddhistpeacefellowship.org); and **Green Sangha** (greensangha.org) in the SF Bay Area, are also conscious communities of practitioners passionate about the living, breathing intersections between Buddhist dharma, social justice, and environmental action. All these (and many more) engaged Buddhist initiatives bring individuals together to meditate, educate, support one another, and to advocate for compassion, peace, justice, and the living planet.
- **Sister Giant** (sistergiant.com), founded by Marianne Williamson, combines a sacred, authentic, deeply humane “politics of love” with practical activism and endorsements in US political races to help achieve that vision. It is “dedicated to forging a deeper conversation about what is happening in America today—and what we can do to change it.”
- **The Network of Spiritual Progressives** (spiritualprogressives.org) was cofounded by Rabbi Michael Lerner to “help transform the world from one based on power and control to one based on love and justice.”
- **The Jean Houston Foundation** (jeanhoustonfoundation.org) extends Jean Houston’s life work in 110 countries, training leaders and trainers in Social Artistry, a new model for leadership that applies at all levels, across cultures and continents, in developed

and least developed countries. It inspires and empowers people to deepen their individual capacities to create a world that works for everyone.

- **The Institute for Sacred Activism** (andrewharvey.net/sacred-activism) was founded by Andrew Harvey, who defines sacred activism as “the fusion of the deepest spiritual knowledge and passion with clear, wise, radical action in all the arenas of the world, inner and outer.” The institute trains activists, educates the public, and advocates for activism as a spiritual obligation in this time.
- **The Center for Transformative Change** (transformativechange.org) was founded by author and activist Rev. angel Kyodo wil-liams. From its center in Oakland, CA, it provides meditation and yoga classes, spiritual guidance, and community for activists and marginalized communities. Its goal is to raise awareness of social justice and racial issues among activists worldwide.
- **Humanity Healing** (humanityhealing.org) is a nonpolitical and nondenominational spiritual organization trying to foster healing for communities around the world with humanitarian projects. Its initiatives are designed “to restore hope in the lives of children and communities that have lost it.” Its participants commit to general guidelines involving practice, service, integrity, respecting others, direct communication, nonviolence, and cooperation.
- I am a member of a group of over one hundred **Evolutionary Leaders** (evolutionaryleaders.net) organized by Deepak Chopra and served by the **Source of Synergy Foundation** (sourceofsynergyfoundation.org). It is a network of dynamic dedicated evolutionary activists and educators who come together annually to catalyze and contribute to the evolution of one another and everyone whose lives they touch, and to magnify their ability to be of benefit. Each member champions worthy creative initiatives that express this new republic of the heart. They are not all listed here, but they can be found via the website.
- **The Association for Global New Thought** (agnt.org) provides its member churches (Unity and Religious Science) with resources and trainings in “spiritually guided activism,” including

community leadership, as central elements of inspired Christian living.

- **YES! magazine** (yesmagazine.org) investigates the biggest problems of our time in terms of their solutions. Online and in print, they outline a path forward with in-depth analysis, tools for citizen engagement, and stories about real people working for a better world.
- **Utne Reader** (utne.com) presents “the best of the alternative press,” with emphasis on politics, culture, economy, and the environment. It speaks in many voices, presenting empowering, provocative, and sometimes debated viewpoints. It also holds an annual Independent Press Awards competition for the best alternative magazines.
- **Orion Magazine** (orionmagazine.org) publishes articles on nature, culture, environment, and sense of place, and administers annual Orion Book Awards for “books that deepen the reader’s connection to the natural world.”
- **The Sun magazine** (thesunmagazine.org) includes content (essays, memoirs, personal stories, fiction, and interviews) that, in the words of its founder Sy Safransky, “honors the mystery at the heart of existence.” Reader-supported since 1990, its articles are steeped in the context of both local and global issues.
- **The Club of Budapest** (clubofbudapest.org), founded by Ervin Laszlo, works in over fifteen countries to facilitate a worldwide movement in service of the future of human evolution by catalyzing evolution consciousness through diverse coordinated autonomous projects.
- **Humanity’s Team** (humanitysteam.org) communicates and demonstrates the oneness of all people and all life through online and in-person gatherings. Its conscious business initiative promotes awareness of unity among business leaders.
- **Greenheart International** (greenheart.org) provides student exchange programs, travel opportunities, camps, and conferences for young people and adults that enhance intercultural understanding and develop tomorrow’s leaders.

- **The Global Purpose Movement** (globalpurposemovement.com) brings together individuals and organizations to express their unique purpose and to synergize for the overarching purpose of social transformation and sustainable flourishing.
- **The True Purpose Institute** (truepurposeinstitute.com) was founded by Tim Kelley to give messengers, change agents, and mission-driven organizations the training and support they need to create the impact they are meant to have in the world.
- **Purpose Guides Institute** (purposeguides.org) was founded by Jonathan Gustin to train coaches and therapists to guide individuals in knowing and realizing their purpose, unitizing all cutting-edge, purpose-guiding modalities, supported by top-level faculty.
- **The Pocket Project** (pocketproject.org) was founded by Austrian mystic Thomas Hübl in order to train people to heal the vicious cycle of recurring collective and intergenerational trauma, and ultimately to catalyze collective wisdom about integrating and reducing its impacts upon global culture.

Convening Transformational Conversations and Communities

Long before anyone heard of “we-space,” conscious people were pushing the envelope of what could happen among them in groups. Whole fields of deep conversation have been a part of human culture as long as we have existed. Indigenous people sat in council. Socrates dialogued with his students in ancient Greece. The Chatauqua movement invigorated the civic life of America in its first century or more.

In the early 1960s, Rogerian and Gestalt psychotherapy informed a wave of “encounter groups” which tapped the power of group settings to catalyze personal breakthroughs. Around the same time, **Bohmian Dialogue** gave new life and focus to the art and practice of using intelligent dialogue to address cognitive errors and press the frontiers of human understanding, demonstrating it in a series of public conversations with Jiddu Krishnamurti. From both of these streams of intersubjective praxis a new wave of practices and insights and a whole field emerged, with many nodes. It is significantly supported by the **National Coalition**

for Dialogue and Deliberation (ncdd.org) and the application of these techniques to furthering peace and understanding by the **Institute for Multi-Track Diplomacy** (imtd.org). A completely independent, but very important communications movement, including many local practice communities in sixty-five countries, has emerged from Marshall Rosenberg's worldwide teachings of Nonviolent Communication (NVC) (cnvc.org).

Facilitating Collective Intelligence

The Co-Intelligence Institute (co-intelligence.org) was founded by Tom Atlee to engage collective inquiry and facilitate collective wisdom. These experiments seemed to indicate that with skillful facilitation deep divisions can be consistently and authentically bridged, resulting in new learning and development and solutions. Jim Rough conducted similar experiments in his method of **Dynamic Facilitation** and **Wisdom Councils** (tobe.net) and in the book *Society's Breakthrough! Releasing Essential Wisdom and Virtue in All the People*. Atlee's experience was similar, so the Collective Intelligence Institute gave birth to the **Wise Democracy Project** (wd-pl.com) to which another significant dialogue practitioner, **Rosa Zubizarreta** (diapraaxis.com), has made important contributions. This work is closely related to experiments in collective wisdom documented in the book *The Power of Collective Wisdom* by Alan Briskin, et al., (Berrett-Koehler, 2009) (alanbriskin.com), and well embodied in *The Art of Convening* by my friends Craig and Patricia Neal (Berrett-Koehler, 2011) and their work at the **Center for Purposeful Leadership** (centerforpurposefulleadership.com).

The Art of Hosting (artofohosting.org) is a community of practitioners who use state-of-the-art approaches to conversation, dialogue, facilitation, and personal practice to harness collective wisdom to address complex challenges on many scales. It draws from **The Circle Way** (thecircleway.net), **The World Café** (theworldcafe.com), **Open Space Technology** (openspaceworld.org and openspaceworld.com), **Appreciative Inquiry** (appreciativeinquiry.champlain.edu), **Action Learning**, **Collective Mind-Mapping**, **Collective Story Harvest**, and **Graphic Facilitation**. (Many of these leading-edge practices have been refined further by organizational

development consultants and coaches such as Otto Scharmer's U-Process, and some of them are documented below under **Conscious Business.**)

Integral WeSpace

Integral We-Space is most fully described in the book *Cohering the Integral We Space: Engaging Collective Emergence, Wisdom and Healing in Groups*, edited by Olen Gunnlaugson and Michael Brabant (Integral Publishing House, 2016); it is a peer-reviewed anthology of we-space practice approaches across the global integral world.

- **The We-Space Summit** (thewespacesummit.com) convened 150 practitioners, including Terry Patten, Olen Gunnlaugson, Bill Torbert, Terri O'Fallon, Thomas Hübl, Craig Hamilton, and many others, over five days in 2017 to create a rich and wide-ranging professional development resource for deepening skills and capacities of practitioners. If you're interested in experiencing its wide range of practices and expressions, this is perhaps the most comprehensive communication of the world of integral we-space currently available.
- **One World in Dialogue** (oneworldindialogue.com) was founded in Germany by Thomas Steininger and Elizabeth Debold, authors of the five principles of evolutionary dialogue described in chapter 10. It holds virtual Global Dialogue Labs that build integral we-space for intercultural conversations. It also sponsors an annual global subtle activism meditation marathon, One World Bearing Witness, usually in December.
- **The Authentic Relating Movement** was birthed in San Francisco and Boulder and now has centers in Europe, Austin, Mexico, and beyond. It advances the field of authentic, spontaneous, vulnerable, contactful communication. See authenticworld.com, integralcenter.com, circlingeurope.com, www.authrev.com, and circlinginstitute.com.
- The Austrian-born modern "mystic in the marketplace," **Thomas Hübl** (thomashueblonline.com), offers teachings and courses and programs in the mystical principles of spontaneous, intuitive "Transparent Communication." His students Stephen Busby (stephenbusby.com) and Nicholas Janni (corepresence.org) also write and teach on these topics.

- **The Evolutionary Collective** (evolutionarycollective.com) is a vehicle for Patricia Alberé's work on evolutionary relating and mutual awakening, particularly her yearlong in-person programs. Her teachings can be found in her book, *Evolutionary Relationships* (Oracle Institute Press, 2017).
- **The Cosmos Co-op** (cosmos.coop), described in chapter 8, is both a publication and an online community of practice.

Additional Resources for Tribe, Community and Re-localization

- **Time for Tribe** (timefortribe.com) is the public work of a "tribe" of committed friends founded by men's group pioneer Bill Kauth and Zoe Alowan in Ashland, Oregon. They share their vision and practice for new non-residential but local (bikeable) tribal living in the book *We Need Each Other: Building Gift Community* (Silver Light Publications, 2011).
- **Global Ecovillage Network** (ecovillage.org) is a growing network of regenerative communities that cultivate ecological, social, cultural, and economic stability. Its website can link you to ecovillages all over the world and the partner organizations who are supporting these experiments in community. I can recommend the book *Ecovillages: Lessons for Sustainable Community* (Polity Press, 2013) by my friend Karen Litfin for a glimpse of the lived reality. **Auroville** (auroville.org), in Tamil Nadu, India, was founded as a place where Sri Aurobindo's teachings about human unity could be actually lived. It is one of the oldest and largest spiritually-inspired ecovillages in the world and has attracted about 2,500 residents and spawned a number of eco-friendly projects and enterprises. Another ecovillage, the intentionally integral Awakened Life Project, was founded by my friends Peter and Cynthia Bampton at La Quinta in Portugal (a community now working to recover from recent wildfire damage).
- **Local Futures**, or **Economics of Happiness** (localfutures.org), is a nexus for connection and information exchange for the world-wide localization and new economy movements, dedicated to the renewal of community, ecological health, and local economies.

It has co-sponsored the International Alliance for Localization as well as many local conferences.

- The **Transition Towns** movement consists of hundreds of autonomous grassroots community projects for practical cooperation to increase local self-sufficiency in the face of extreme weather events, ecological breakdowns, and economic instability. It was founded in 2006 in **Totnes, UK** (transitiontowntotnes.org), and is coordinated internationally by **The Transition Network** (transitionnetwork.org) and in the US by **Transition US** (transitionus.org).
- **The Permaculture Movement** (permaculture.org, permacultureglobal.org, permacultureglobal.org.uk, and many more) concentrates on the actual land-based practices through which thousands of communities are attempting to live sustainably and build cultures of such practice. One radical community experiment I have visited is Gaia Yoga Gardens on the Big Island of Hawaii (gaiayoga.org).
- **Integral City Meshworks** (integralcity.com) was founded by my friend Marilyn Hamilton in 2005. Now a constellation of communities of practice nurtures cities as “human hives.” It connects the citizens, civic managers, civic society, and businesses of participating cities to energize relationships, unify visions, and develop eco-regional resilience strategies for wellbeing.
- **Compassionate Communities** are local organizations working to live and spread the Charter for Compassion (charterforcompassion.org), which bears witness to humanity’s deep interdependence, sees through boundaries, eases conflicts, and serves an increasingly just economy and peaceful world. For example, where I live, **Compassionate California** (compassionatecalifornia.org) supports ten local “Compassionate Cities.”
- The **Cool City Challenge** (coolcitychallenge.org) is a nonprofit initiative founded by *Social Change 2.0* author David Gershon, as a way for cities “to achieve dramatic carbon reduction, vibrant livability, and green prosperity” by linking neighbors and proactive governments.

- **Breakthrough Communities** (breakthroughcommunities.info) was founded by architect, planner, and veteran public servant Carl Anthony with scholar, nonprofit executive, and integral practitioner Paloma Pavel, PhD, to imagine and promote integrated solutions to environmental problems that intertwine with social and racial justice dynamics. They educate and organize communities to come together, plan, and advocate on behalf of their health and sustainability in a manner that can work for everyone.
- **Impact Hub Oakland** (oakland.impacthub.net), based in the San Francisco Bay Area, is one of the 80-plus Impact Hub Global Communities (see full description under Conscious Business). I mention it here because, as the Impact Hub I know best, it's the center of a dynamic local community of social entrepreneurs and activists, spawning dozens of initiatives that bring wholeness, in many forms, to the local community. Thus (like many Impact Hubs, no doubt) it relates not only to social entrepreneurship but to many aspects of tribal and community empowerment. Three of its founders, Lisa Chacon, Konda Mason, and Edward West, are integral practitioners and personal friends.

Climate and Ecology Activism

Thousands of organizations worldwide are engaging specific initiatives to raise awareness of our ecological predicament and to affect public policy as well as individual and organizational behavior. They are also gathering places for concerned citizens, and many are spawning serious communities of practice. Here I will list a few of the organizations I value with the briefest of descriptions. There are MANY others.

- **Bioneers** (bioneers.org), founded by Kenny Ausubel and Nina Simons, is best known through its annual National Bioneers Conference and local conferences, community networks, and media—including “Bioneers Radio,” featured on national NPR stations. Their programs and conferences cover such themes as rights of nature, sustainability, permaculture,

restorative food systems, and indigenous peoples' issues. It is an important meeting place for grassroots conscious ecologists.

- **350.org**, founded by Bill McKibben, is an international organization dedicated to building the global climate movement through online campaigns, grassroots organizing, and mass public actions aimed especially at the fossil-fuel infrastructure. Its ultimate goal is to reduce atmospheric carbon dioxide levels from the current 400+ parts per million to 350 parts per million.
- **Our Children's Trust** (ourchildrenstrust.org) advocates for the rights of young people to a stable climate and healthy atmosphere. Its programs help youth participate in science-based advocacy, public education, and civic engagement on behalf of the ongoing viability of Earth's natural systems. Its members have filed a major lawsuit seeking systemic, science-based emissions reductions and climate recovery policy at all levels of government.
- **The Post-Carbon Institute** (postcarbon.org) understands the interrelated ecological, economic, energy, and equity crises of the 21st century in many of the ways this book describes, and it convenes, educates and serves many of the activists who are leading the transition to a more resilient, equitable, and sustainable world.
- **Project Drawdown** (drawdown.org) involves an international coalition of scientists and researchers who offer bold solutions to climate change based on already existing technologies and practices. These solutions are described in the book *Drawdown: The Most Comprehensive Plan Ever Proposed to Reverse Global Warming*, edited by Paul Hawken. Each of the one hundred top solutions is described in terms of costs, benefits, and how much each can contribute to "drawing down" atmospheric carbon levels by 2050. The project and its findings are mentioned in chapter 1 of this book.
- **The Rocky Mountain Institute** (rmi.org) engages with businesses, communities, institutions, and entrepreneurs to accelerate the adoption of market-based and cost-effective approaches that shift fossil-fuel dependence to efficiency and renewables. Among its many initiatives are the transformation of Caribbean island

economies to local, renewable energy, and helping China to surpass its emissions targets and dramatically reduce its fossil-fuel dependency. It has recently released *The Carbon-Free City Handbook*, a resource for city leaders containing twenty-two ready-to-implement solutions with proven success.

- **Shut It Down—Climate Direct Action** (shutitdown.today) is a website supporting acts of civil disobedience to slow climate change, such as the “valve turners,” who had cut off the pipelines bringing tar sand oil into the USA in October 2016. They undertake and support actions that illustrate with moral clarity the urgency and magnitude of change needed to avert climate cataclysm.
- **New Dream** (newdream.org) seeks to change social norms around consumption and consumerism by empowering individuals, communities, and organizations to transform consumption habits to improve wellbeing for people and the planet. Their mission is closely linked to **The Story of Stuff** (storyofstuff.org), which began with a twenty-minute movie that went viral and has now become a movement to avoid plastic, microfibers, vinyl, and other destructive forms of consumerism.
- **Honor the Earth** (honorearth.org) seeks to develop financial and political resources for the survival of sustainable Native communities and to increase awareness of these issues generally. It partners with grassroots organizations to address climate-change issues and looks to convert to a more sustainable, land-based economics.
- **The Pachamama Alliance**, listed above under “Heart Intelligence,” is a dynamic partnership between indigenous Amazonian Achuar people and North Americans, which promotes local empowerment and nature conservation in the Ecuadorian interior and education worldwide.
- The **largest and best-known environmental advocacy groups** play a key institutional role in affecting public policy and perceptions. The **Sierra Club** (sierraclub.org), founded by John Muir in 1892, is still a leading voice in promoting sustainable energy and climate-change solutions and is also a recreational organization whose local chapters sponsor many activities. The

National Resources Defense Council (nrdc.org) and **Environmental Defense Fund** (edf.org) have both long played a key role in the filing of legal actions in federal and state US courts. EDF also emphasizes the creation of economic incentives for the private sector. **Friends of the Earth International** (foei.org) is said to be the world's largest environmental network, and its US branch, **Friends of the Earth** (foe.org), is involved in policy analysis, activism, and litigation. **Greenpeace** (greenpeace.org), with offices in over forty countries, places emphasis on direct action as well as education and community. **Earth Island Institute** (earthisland.org) provides public education, sponsors many fledgling activist groups and projects worldwide through financing and organizational infrastructure, and publishes the award-winning *Earth Island Journal*. **Rainforest Action Network** (ran.org) has run many effective campaigns to halt environmentally destructive practices of corporations, especially as they relate to the manufacture of consumer products. The **World Wildlife Fund** (worldwildlife.org) works with habitat and endangered species preservation and maintenance of biodiversity.

- **Vandana Shiva** (vandanashiva.org) is an influential Indian scholar, environmental and anti-globalization activist, and food sovereignty advocate who has authored more than twenty books and influenced Indian agricultural policy. She argues for the wisdom of many traditional practices, advises the scientific committee of Spain's Socialist Party's think tank, and has been widely honored worldwide. Many activists stay tuned to her leadership on many cutting-edge issues.
- **Connect 4 Climate** (connect4climate.org) was founded by the World Bank and the governments of Italy and Germany and now has more than four hundred international partners working to raise awareness, promote commitment to action, and build coalitions to influence policy-makers and private businesses. It has spawned almost a dozen sub-initiatives including cities4climate, hack4climate, and youth4climate. Along with my friends

Raul Hernandez and Frank Marrero, I personally participated in preventing the clear-cutting of over 200 acres of coastal Redwood forests through an initiative called **Old-Growth Again** (foreverredwood.com/restoration-forestry/overview/).

Conscious Business

Countless small- and large-scale social entrepreneurs and corporate executives are working to make business a powerful force for environmental responsibility and positive social and economic change. Recognizing how profit and growth are central drivers of ecological destruction, they're redefining a "triple bottom line" approach (planet, people, profit) by which businesses can measure success. New legal and accounting mechanisms include corporate social responsibility reports, benefit corporations, the concept of "blended value" enterprises, and legal "B Corps," as well as new corporate governance practices. Here are some organizations that support this movement.

Many leading-edge experiments in transformational conversations have been refined by top consultants doing organizational and leadership development, conflict mediation, team building, and stakeholder harmonization. They are numerous and diverse. Among the most well known are **Otto Scharmer** (author of *Theory U* and *Presence*) and his U-Lab (ottoscharmer.com, presencing.com), **Peter Senge** (author of *The Fifth Discipline* and *The Necessary Revolution*) and the Society for Organizational Learning (solonline.org), **Bill Torbert** (author of *Action-Inquiry*) and **Fred Kofman** (author of *Conscious Business* and *Authentic Communication*). **Rob Evans's** elegant Design Shop process integrates many of these principles (imaginal-labs.com). The edges of possibility are being explored by many skilled consultants including my longtime friends **Bert Parlee** (bertparlee.com), leadership expert **Barrett C. Brown** (apheno.com), **Grant Hunter** (syntropycenter.com), and **Adam B. Leonard** (now in-house at Google/Alphabet). **Werner Erhard**, **Michael Jensen** and their colleagues are making powerful pioneering contributions to the understanding and teaching of leadership (wernererhard.net leadership and beingaleader.net), which are described in chapter 6.

Some resources for social entrepreneurs and investors are:

- **The Impact Hub Global Community** (impacthub.net) supports and mobilizes one of the most effective connection tools of social entrepreneurship communities: urban co-working spaces. The Impact Hub global community includes more than eighty centers on five continents that offer co-working social entrepreneurs the resources, inspiration, services, events, and opportunities for collaboration and networking, as well as many additional community resources (see Impact Hub Oakland above for more details).
- **SOCAP (Social Capital Markets)** (socialcapitalmarkets.net) is a network of investors, entrepreneurs, and social impact leaders who bring together ideas and capital to address the world's toughest challenges through market-based solutions. Its conferences are a key gathering place for social entrepreneurs worldwide.
- For over thirty years, the **Social Venture Network** (svn.org) has worked "to support and empower diverse, innovative leaders who leverage business to serve the greater good." Bringing together investors, communities, and the environment, SVN has given birth to many initiatives, including Businesses for Social Responsibility (below).
- **Businesses for Social Responsibility—BSR** (bsr.org)—is a global nonprofit business network dedicated to sustainability. It has offices on three continents and 250 large corporate members. BSR helps its members upgrade their practices and those of their supply chains, especially regarding environment, energy, climate, ecosystems, water, social justice, women's and LGBT issues.
- **The Hult Prize** (hultprize.org) is an enormous engine for the launch of for-good, for-profit startups emerging from universities. With over 2,500 staff and volunteers around the world, it has deployed more than \$50M of capital since 2009 and mobilized more than one million young people to re-think the future of business as it continues to breed disruptive innovation on college and university campuses across one hundred-plus countries.
- **The Laudato Si Challenge** (laudatosichallenge.org) is a global initiative partnering with the Vatican in response to Pope Francis's

encyclical calling for “integral ecology.” It identifies, funds, and mentors startups to achieve viability to grow breakthrough solutions to humanity’s boldest challenges relating to energy, food, water, urban challenges, human potential, conservation, and industry and finance.

- **Game Changers** (gamechangers.co) finds, ranks, connects, and supports the top for-benefit businesses in the world. It shares their stories, organizes trainings, and aims to catalyze the creation of new for-benefit businesses worldwide.
- **Conscious Capitalism** (consciouscapitalism.org), founded by Whole Foods founder John Mackey, believes in free-enterprise capitalism as “the most powerful system for social cooperation and human progress ever conceived,” and aims to direct it towards the goal of creating “financial, intellectual, social, cultural, emotional, spiritual, physical and ecological wealth.”
- **Teal Organizations** as described in Frederick LaLoux’s important book, *Reinventing Organizations*, are going beyond top-down “command and control” management and opening new possibilities for *how* organizations can operate to maximize personal responsibility, human cooperation, and synergy. Cited examples include Buurtzorg, Morningstar Company, Zappo’s, and Holocracy One. But the innovations these organizations exemplify are spontaneously emerging in many organizations all over the world, often facilitated by sophisticated consultants and coaches.
- **Living Goods** (livinggoods.org) supports networks of “Avon-like” entrepreneurs in the developing world who deliver life-changing products door to door—including nutritious foods, water filters, and treatments for such life-threatening illnesses, such as malaria and diarrhea. It creates livelihoods for enterprising individuals as well as seriously addressing individual and public health issues, concentrating on areas where child deaths are most likely (e.g., Uganda, Kenya, Myanmar).
- **Juma Ventures** (juma.org) takes at-risk youth across America and places them in socially engaging jobs that teach leadership skills, thus reducing recidivism and creating resources for successful

careers. It owns twenty-plus social enterprise operations and serves low-income youth in nine US cities.

- **Acumen Fund** (acumen.org) invests philanthropic dollars into proven change makers. Thus it aims to transform philanthropy by bringing sustainable solutions to poverty, creating access to basic services, and moving toward equality of opportunity.
- **Echoing Green** (echoinggreen.org) provides seed funding and leadership development to support visionaries around the world who are transforming their communities through economic development, gender equity, and environmental sustainability. Its seven hundred-plus innovators have launched hundreds of programs and initiatives.

Growth Centers and Conscious Conference Communities

Esalen Institute (esalen.org) is a retreat center and intentional community founded in 1962 by Michael Murphy and Richard Price at the Murphy family's beautiful hot springs resort on the bluffs of the Big Sur coast. It has offered workshops and programs focusing on humanistic alternative education and played a key role in birthing the human potential movement through innovative encounter groups, a focus on mind-body connections, and ongoing experimentation in personal awareness. It also sponsored major research and service projects including US-Soviet "Track II" citizen diplomacy and original meta-research documenting the proven effects of meditation, as well as hosting catalytic invitation-only meetings. It is now reimagining its role and, with its expertise in convening conversations that matter, I expect it may be hosting many of the conversations I see emerging in the time ahead.

Omega Institute (omega.org) is a nonprofit educational retreat center in Rhinebeck, New York that was founded in 1977 by Elizabeth Lesser and Stephan Rechtschaffen, inspired by Sufi teacher Pir Vilayat Inayat Khan. It now offers classes to over 25,000 people a year. Its mission is to "provide hope and healing for individuals and society" through "innovative educational experiences that awaken the best in the human spirit." Omega's workshops, conferences, and retreats aim to create

dialogues that connect science, spirituality, and creativity; integrate modern medicine and natural healing; and build the groundwork for new traditions and lifestyles.

The Kripalu Center for Yoga and Health (kripalu.org) was founded by Amrit Desai in 1974 and dedicated to his teacher Kripalu. It operates a health and yoga retreat in Stockbridge, MA, in a large former Jesuit seminary. It can accommodate over 650 overnight guests and may be the largest residential facility for holistic health and education in America. It is dedicated to empowering people and communities to realize their full potential through the transformative wisdom and practice of yoga.

Spirit Rock Meditation Center (spiritrock.org), located in rural western Marin County north of San Francisco, offers many programs ranging from weekly meditation events to drop-in classes to silent residential retreats lasting from a few days to a year or more. Although emphasizing profoundly transformative silent Buddhist vipassana practice and retreats, like its sister center, the Insight Meditation Society of Barre, MA (dharma.org), Spirit Rock's approach is ecumenical, with presentations and programs offered by spiritual leaders of many traditions. In addition to explicitly spiritual themes, programs are offered in such areas as relationships and family, community, movement and music, and the natural world. Online classes are also offered.

1440 Multiversity (1440.org) opened in May 2017, offering weekend and five-day workshops and trainings at its state-of-the-art seventy-five-acre campus, nestled in the redwoods of Scotts Valley, CA, between Santa Cruz and San Jose. Named by founders Scott and Joanie Kriens for the number of minutes in a day, it is designed to be a beautiful and nurturing physical location where people of all walks of life can come together in community—to explore, learn, reflect, connect, and reenergize. It supports integration of the emotional, relational, and spiritual dimensions of people's lives to assist in better connecting people to themselves and others.

The Institute of Noetic Sciences (noetic.org) was founded by astronaut Edgar Mitchell to support individual and collective transformation through consciousness research, transformative learning, and engaging a global community in the realization of human potential. It conducts, advances, and broadens the science of the wholeness that connects human

beings, reaching new understandings about the nature of reality and our extended capacities. It also creates real-world tools that empower people to apply conscious awareness in their personal lives, and in healthcare, education, and business. At its Petaluma, CA campus, and its annual conferences, it hosts a community of explorers and change agents who are working together to make a difference in the world. Its goal is to create a shift in consciousness worldwide—where people recognize that they are all part of an interconnected whole and are inspired to take action to help humanity and the planet thrive.

Wisdom 2.0 (wisdom2conference.com) is an events company founded by Soren Gordhamer, also the author of a book by the same name. It addresses the great challenge of not only living connected to one another through technology, but to do so in ways that are beneficial to our own well-being, effective in our work, and useful to the world. Its flagship event attracts very well-known C-level executives from Silicon Valley's leading firms as well as scientists and meditation teachers. It is held in February every year in the San Francisco Bay Area and brings together over 2,500 people from twenty-four countries, and it also holds smaller meet-ups, gatherings, and retreats.

The Science and Nonduality Conference (or **SAND**, scienceandnonduality.org) is an annual conference where leading scientists, philosophers, and spiritual teachers gather to explore a new understanding, rooted in radical wholeness, of who human beings really are, both as individuals and a society. It holds annual conferences that attract hundreds of leading-edge thinkers and practitioners both in the San Francisco Bay Area and Europe, and it also sponsors smaller events.

Integral Transformative Practice International (itp-international.org), founded by George Leonard and Michael Murphy, serves as a hub for communications, education, and research relating to integral practices involving body, mind, and spirit—and creating a society that advances love, deep feeling, and creativity. Ongoing programs and classes are held in California and various US cities.

The Mind and Life Institute (mindandlife.org) has since 1987 convened a series of dialogues between the Dalai Lama and various western scientists on the nature of mind, mindfulness, and the nature of reality,

spawning a great body of influential research integrating science with contemplative practice. The Institute has given birth to numerous programs and continues to sponsor dialogues, conferences, and symposia.

The Wellspring Institute for Neuroscience and Contemplative Wisdom (wisebrain.org/wellspring-institute), whose board I serve on, is a nonprofit organization offering skillful means for changing the brain that contribute to individual and global transformation. It utilizes discoveries and methods found where psychology, neurology, and contemplative practice intersect. It addresses a wide range of needs and provides a spectrum of programs and services. It publishes *The Wise Brain Bulletin* six times a year.

Non-Local Communities of Practice

Sounds True (soundstrue.com) was founded by Tami Simon in 1985. It is now a multimedia publishing company with a library of more than 1,500 titles featuring some of the leading teachers and visionaries of our time, and an ever-expanding family of customers from across the world who sometimes come together in online and in-person community events. Sounds True exists to inspire, support, and serve personal transformation and spiritual awakening.

The Shift Network (theshiftnetwork.com) was founded by Stephen Dinan and offers transformative educational programs with over a hundred teachers (including Terry Patten) that have educated and inspired over a hundred thousand people, spread new ideas and practices, and connected global citizens called to create a better world into a planetary network. It is dedicated to supporting a transformational cultural shift through education, lobbying, activism, and philanthropy.

Evolving Wisdom (evolvingwisdom.com) serves the evolution of consciousness and culture by building and nurturing large-scale state-of-the-art global transformative learning communities, including major courses taught by founders Craig Hamilton (the International Integral Enlightenment Community of Direct Awakening) and Claire Zammit (the International Feminine Power Community), as well as Terry Patten, Jean Houston, Neale Donald Walsh, Lynne Twist, and Ariel Ford.

Transpartisan Initiatives

While some attempts at transpartisanship in the USA (such as No Labels) are well known, a wide variety of transpartisan initiatives are advancing on many different fronts.

- **Living Room Conversations** (livingroomconversations.org), founded by a lifelong Democrat and a lifelong Republican, provides proven tools and networks to people who want to engage honest productive conversations that link them with people across various social divides. Most of these conversations reweave connections among people on two or more sides of America's current dividing lines of cultural polarization.
- ***The Transpartisan Review*** (transpartisanreview.com), edited by A. Lawrence Chickering and James S. Turner, is a recently inaugurated digital journal of politics, society, and culture. It explores the apparent disintegration of the traditional political, social, and cultural order from a transpartisan point of view and looks at the deeper social and cultural forces in play in our political system.
- The **Institute for Cultural Evolution (ICE)** (culturalevolution.org) is the first avowedly integral think tank in the United States. Founded by integral philosophers Steve McIntosh and Carter Phipps, ICE looks to find ways that both the left and right can get past political gridlock and enact a dialectic that gets past the destructive dead-ends of our culture wars. ICE is discussed in detail in chapter 8.
- **The Bridge Alliance** (bridgealliance.us) is a diverse coalition of more than eighty civic action organizations committed to revitalizing the democratic process in America. It provides infrastructure and investment for its member organizations to connect and collaborate on projects that further shared goals to generate a collective impact on elections, governance, policy, and civic life.
- **Undivide Us, and the practice of "Undebate"** (undivide-us.com), implements ways to reunite the United States through a

powerful dialogue-based, five-step method (called the “undebate method”) for collaborative problem solving and by providing a framework to help identify biases and cultivate empathy.

- **Civil Conversations** (civilconversationsproject.org) was created by podcaster Krista Tippett “to renew common life in a fractured and tender world.” It convenes public conversations and publishes a starter guide to better conversations across divides.
- **Converge** (convergeforimpact.com) has led the creation of multi-stakeholder collaborations, partnerships, and networks in diverse fields such as urban revitalization, health care, and environmental conservation. It brings its experience and expertise in systems and design thinking and in organizational and network strategy.
- **All Sides Now** (allsides.com) is a unique news site that displays reports on current events from the left, right, and center, designed to free people from filter bubbles so they can better understand the world and each other. It employs multi-partisan technologies fueled by patented crowd-driven data. Founded by lifelong Republican John Gable, it intends to ameliorate the national security threat of excessive polarization.
- **Better Angels** (better-angels.org) is a citizens’ movement aimed to reduce political polarization and gridlock in the US by bringing liberals and conservatives together for workshops and teaching skills for bridging the partisan divide.
- **Village Square Conversations** (tlh.villagesquare.us) is a US non-profit, membership organization whose mission is to build dynamic, constructive civil discourse across political divides in one’s hometown, state, and nation, reviving the spirit of the town hall across America, and fostering debate that is both vigorous and civil.

International transpartisan initiatives include well-known efforts like **The Elders** (theelders.org), an independent group of world-famous global leaders working together to promote the shared interests of humanity and small creative initiatives like **SimPol** (simpol.org), which

promotes “simultaneous policy implementation” to enable individual nations to express leadership and build momentum toward addressing global problems. It is described in chapter 8.

Partisan Political Activism (USA)

From the very rich and broad world of progressive activism, addressing issues of economic, political, gender, and racial justice, I list only a very few, very general progressive initiatives here, including some that partner with the Democratic Party. It must be said that there is also a great need for principled, responsible conservative activists to reform the current pathologies of the Republican Party and refresh its viability.

Meanwhile, many good people are working around the system through conservative churches and charities, as well as innovative charitable initiatives like **Stand Together** (stand-together.org), which finds successful grassroots programs and helps them scale.

Some conservatives are partnering with people on the left to foster honest conversations across boundaries, such as John Gable, founder of All Sides Now, who partnered with Joan Blades, cofounder of moveon.org to create **Living Room Conversations**.

- ***The Indivisible Guide*** (indivisibleguide.com/guide) presents step-by-step guidelines and advice on using tactics of proven effectiveness to create progressive change in American politics. The guide includes chapters on grassroots advocacy, how to make your congressional representatives listen and act, how to mobilize your fellow constituents, and how to make sure your congressional members speak for you.
- **Our Revolution** (ourevolution.com), founded by Bernie Sanders, is dedicated to working both within and around the current system to empower large numbers of individuals to make the American political system more responsive to working families. Its three stated goals are to revitalize American democracy, empower progressive leaders, and elevate the political consciousness.
- **The Action Network** (actionnetwork.org) is a nonprofit organization that makes available online tools expressly for progressive

activists—including tools for fundraising, mass mailings, collaboration with other individuals/organizations, etc. It is designed for groups of all sizes, with pricing structures to match, including free intuitive tools.

- **Represent Us** (represent.us) is a nonpartisan initiative focusing on political corruption in the U.S. It works to oppose and expose the most fundamental expression of fragmentation in politics, creating a ground for restoring wholeness. Countless movements in other countries focus on opposing corruption all over the world.

Exploring Our Stories

The **Great Transition Stories** project described in chapter 7 intends to gather, understand, and share the great, simple, emotionally powerful stories that describe our human journey and call higher human potentials from us. This project was conceived and directed by Duane Elgin (duaneelgin.com) in partnership with Lynnaea Lumbard (newstories.org) and Jeff Vander Clute. They are most fully expressed at the Great Transition Stories wiki (greattransitionstories.org).

Mythopoetic Storytelling is a catalyst for facing our world, and several resources for contacting ancient and new stories are worth sharing. The **Mosaic Multicultural Foundation** (mosaicvoices.org) was founded by storyteller, author, and scholar of mythology, anthropology, and psychology **Michael Meade**, whose books, blog posts, and podcasts, combine hypnotic storytelling and street-savvy perceptiveness and connect them to the stories we are living today. **Martin Shaw** (drmartinshaw.com)—founder of **The Westcountry School of Myth** (schoolofmyth.com)—is a mythologist, author, and “one of the greatest storytellers we have” according to Robert Bly. He resurrects ancient fairy tales like the tale of the lindwurm’s bride recounted in chapter 7, and delivers them as initiations for facing the mysterious challenges of our time. **The Great Mother and New Father Conference** (greatmotherconference.org) was begun in 1975 by Robert Bly. Its website says “Story has a way of getting into the nervous system of the entire conference over the week. It brushes elbows with ritual, influences the food we eat and when we eat it, supports the work of poetry, activism, and art...” **The Dark Mountain**

Project (dark-mountain.net) is “a network of writers, artists, and thinkers who have stopped believing the stories our civilization tells itself.” They feel that the world is entering an age of ecological collapse, material contraction, and social and political unraveling, and they want their cultural responses to play a crucial role in coming to terms with this reality rather than denying it. The project’s Dark Mountain Manifesto lays down the gauntlet, and now the project publishes regular anthologies of “uncivilized” writing in carefully crafted, three-hundred-page hardcover books that showcase radical essays, fiction, non-fiction, poetry, art, “and various uncategorizable things.”

Understanding Our Ecological Predicament Facing the Darkness

My denial of our ecological predicament was punctured when I reviewed the evidence, as interpreted primarily by climate scientists like James Hansen, Michael Mann, and Kevin Anderson, and by expert journalists like Bill McKibben and Katherine Kolbert. And my sobriety has been deepened by deep study of the intelligent conversations going on among ecologists who have projected current trends and concluded that it is too late to avert civilization-level disasters. Although I don’t share their certainty of collapse, one can outgrow denialism and gain gravitas by listening openly, honestly, and carefully to their perspectives.

- My friends **Michael Dowd and Connie Barlow** (thegreatstory.org) exited their conventional lives and partnered in a life of full-time evolutionary evangelism almost a decade ago. Since then, they have crisscrossed America in their van, recently focusing exclusively on our climate emergency. Their **Deep Sustainability** web page (thegreatstory.org/sustainability-audios.html) includes links to articles and books, as well as an extensive library of audio files of Michael reading dozens of books (by authors ranging from William Catton to Richard Heinberg to John Michael Greer) that clarify and explore the implacable nature of Earth’s biological and geological limits. It is their expectation that we are entering a post-industrial “eco-technic” future that retains scientific knowledge but in many ways resembles the pre-industrial past. Michael was the Virgil who guided my descent into an

unblinking apprehension of the enormity and intractability of our ecological predicament.

- **Carolyn Baker** (carolynbaker.net) is a psychologist, futurist, community organizer, and environmental activist, who concluded some years ago that industrial civilization is already in the process of collapse and set about trying to help people navigate the enormous psychological and spiritual adjustment to that reality. Through her webinars, podcasts, live workshops, books, and articles, as well as one-on-one life coaching, Carolyn creates “islands of sanity” among people preparing for the dire consequences of the collapse of industrial civilization and abrupt climate change. She also publishes a comprehensive Daily News Digest.
- **John Michael Greer** (ecosophia.net) is acknowledged as the Archdruid of two American Druidic organizations and had long authored the widely read weekly blog, **The Archdruid Report**, as well as more than thirty books on a wide range of subjects, including peak oil and the future of industrial society. He sneers at techno-optimism as his books discuss *The Ecotechnic Future* and *A Dark Age America*, and he recommends we *Collapse Now and Avoid the Rush*.
- Radical environmentalist **Derrick Jensen** (derrickjensen.org) is a coauthor of *Deep Green Resistance* and the author of *Endgame*, *The Culture of Make Believe*, *A Language Older than Words*, and many other books. He is widely published in many general circulation publications. A scholarly, soulful visionary and radical activist committed to “the non-human world,” he advocates radical and mostly (but not absolutely) nonviolent direct action.
- I end this section on a much more hopeful note with the **Inspiring Transition Initiative** (inspiringtransition.net), an open community that recognizes the grim severity of our global ecological emergency and the necessity for whole-system change to transition to a life-sustaining society. Convener Andrew Gaines and his friends have definitely *not* given up, though, and they work to equip others to become “citizen educators” but not with any centralized direction. Their website provides ready-to-use tools, including sample emails, guerrilla marketing, presentations, workshops, and focused “Kitchen Table Conversations.”

Communities of Spiritual Practice and Inner Work

“Communities of practice” are central to the vision of this book. For these communities to make a critical social difference they must embody new higher ways of being and behaving, and that requires profound transformative practice. The majority of the most dedicated communities of practice are spiritual communities. And as we embrace new forms of practice, our experiments will necessarily draw upon this legacy.

These are primarily Buddhist, Hindu, Christian, and evolutionary communities of practice, but useful resources also include Jewish and Islamic communities, as well as those of any and all and no religions. There are more and more authentic teachers and schools of “direct awakening” and dedicated personal growth and development. There is also a growing movement of “interspirituality,” not only as a philosophy but as a lived experience. In churches, synagogues, study groups, ashrams, sanghas, schools, and seminaries, we can find many of our richest current communities of practice.

Here I have space to mention only some of the communities of practice that have served me personally. Each of these is of course imperfect, while yet authentically related to something unblemished. I mention them here because I believe they sincerely try to engage genuine practice and transformation. Since I’m limiting this discussion to communities and teachers I have experienced personally, it should *not* be regarded as anything more than my own sharing of what I’ve known and benefited from. Thus, in this subsection (unlike other subsections of this Resources section), I’m not producing a list of specific resources as such, (the full universe of spiritual practice communities is too vast) but only hinting at some of the types of useful resources available.

I was raised in **The York Center Community Co-operative**, an intentional interracial community founded by members of The Church of the Brethren (one of America’s three peace churches) as “a witness for peace and brotherhood.” It was a wonderful community in which to grow up, where I was generously mentored by many adult leaders and activists for peace and justice.

Even so, I had to go deep into serious spiritual practice in order to experience the awakenings in consciousness that are expressed in this book. All over the world, people in their chosen spiritual communities are practicing

deeply and undergoing transformations that are expressing aspects of the new republic of the heart I'm describing here. Dynamic communities of practice also arise around schools that teach transformative psychotherapy, coaching, leadership, and organizational development.

I practice in the international *integral evolutionary* ecosystem, teaching, learning from, and sharing fellowship with many of the most intelligent and innovative thinkers I know. It is not a structured community of practice, and yet it provides a context for tremendous personal growth.

For the past four years I have helped my friend Thomas Hübl create and grow a dynamic international community of practice and inquiry, growing in spiritual and intuitive competence and leadership (thomashueblonline.com).

I am an occasional participant in the **Two Arrows Zen** (twoarrowszen.org) sangha led by my dear friends, Senseis Diane Musho Hamilton and Michael Mugaku Zimmerman.

I have also benefited tremendously from the meditation instruction of Daniel P. Brown and the **Great Pointing Out Way of Indo-Tibetan Buddhism** (pointingoutway.org).

I have benefited from and still feel deep kinship and grateful spiritual fellowship with Candice O'Denver and her **Balanced View** (balanced-view.org) teachings of "short moments of open intelligence, repeated many times until benefit is pervasive at all times."

Saniel Bonder is one of my oldest friends, and his **Waking Down Community** is part of my extended spiritual family. His work is at sanielandlinda.com; the community he inspired has moved on, but I still feel close to the **Trillium Awakening** community (trilliumawakening.org), which was formerly called the Waking Down Teachers Association.

I also benefit from the spiritual fellowship of many teachers from the **Spirit Rock Center** (spiritrock.org) here in my local community, including Rick Hanson (rickhanson.net), James Baraz (awakeningjoy.com), Debra Chamberlin-Taylor, George Taylor, Wes Nisker (wesnisker.com), and Jack Kornfield (jackkornfield.com). I'm also blessed to practice with and learn from many teachers and students in the Diamond Heart work founded by A.H. Almaas (diamondapproach.org).

Gangaji (gangaji.org), who comes from the tradition of nondual Vedanta, was an important guide at a crucial time in my sadhana, and I will always be grateful for her clarity and graciousness.

The living earth and particular natural places give me essential sacred community and guidance. Ecopsychologist Bill Plotkin, the author of *Soulcraft*, has helped that relationship clarify and deepen. The **Animas Valley Institute** he founded (animas.org) offers nature-based journeys of soul initiation that facilitate visionary leadership for cultural regeneration.

Now that I teach, much of my practice takes the form of engaging a universal integral practice with my own students, and with the larger communities of evolutionaries who find value in my contributions.

But I continue to deeply draw on my spiritual “family of origin”—the sangha that developed around the incomparably potent teachings and spiritual transmission of **Adi Da Samraj**. I found my way to him when I was twenty-two and lived immersed in practice in his ashram until I was thirty-seven (from 1973 to 1988), and my life will forever be grounded in the essential “Way of the Heart” that he communicated during those years. His brilliant teachings and uniquely powerful, uncompromising, bright spiritual transmission has given unending wondrous initiatory gifts and a spiritual education for which I will always be grateful. He was a famously defiant and difficult man, and the gathering of his devotees is aging, and yet those who drink his wisdom transmission deeply and wisely can receive a supremely potent dose of divine consciousness and love. Many videos of him can be found on YouTube. My favorite websites are beezone.com and adidaupclose.com; his official institutional website is adidam.org.

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- 21 https://w2.vatican.va/content/francesco/en/homilies/2013/documents/papa-francesco_20130319_omelia-inizio-pontificato.html
- 22 Marianne Williamson talk, "Spiritual Politics," <http://interspirit.net/spirit/spirit.cfm?ref=100373> (retrieved December 3, 2015).
- 23 This phraseology for wholeness was first used by Nicholas of Cusa in his classic work *De Docta Ignorantia*, written in 1440.
- 24 Holmes Rolston III, *Three Big Bangs: Matter-Energy, Life, Mind* (New York: Columbia University Press, 2010). See references throughout book.
- 25 Wilber, following Arthur Koestler, distinguishes between a hierarchy and a holarchy. Whereas hierarchy, by its definition, has an absolute top and bottom, a holarchy describes the dynamic relationships among *holons*, which are both wholes and parts. So in a holarchy there is no final top or bottom, or even normative (better/worse) relationships among the levels.
- 26 See Ken Wilber, *Sex, Ecology, Spirituality* (Boston: Shambhala, 1995).
- 27 For a compact summary of AQAL theory, see chapter 5 (pages 67–125) of Ken Wilber, Terry Patten, Adam Leonard, and Marco Morelli, *Integral Life Practice: A 21st-Century Blueprint for Physical Health, Emotional Balance, Mental Clarity, and Spiritual Awakening* (Boston: Integral Books, 2008).

- 28 *Integral Ecology: Uniting Multiple Perspectives on the Natural World*, by Sean Esbjörn-Hargens and Michael E. Zimmerman (Boston: Integral Books, 2009), conducts a rigorous and revelatory integral study of an enormous range of distinct approaches to understanding ecology, and points to what each perspective reveals. The authors account for, but do not advocate, a radical ecological approach.
- 29 Scientists at the Social Cognitive Networks Academic Research Center (SCNARC) at Rensselaer Polytechnic Institute conducted this research, described at: <https://phys.org/news/2011-07-minority-scientists-ideas.html>.
- 30 Donald O. Hebb, *The Organization of Behavior* (New York: Wiley & Sons, 1949).
- 31 Pierre Teilhard de Chardin, *Toward the Future* (Boston: Mariner Books, 2002), 86–87. Written in 1934.
- 32 *Integral Life Practice* was referenced in full in the AQAL note above.
- 33 Michael P. Mrazek, Benjamin W. Mooneyham, Kaita L. Mrazek, and Jonathan W. Schooler, “Pushing the Limits: Cognitive, Affective, and Neural Plasticity Revealed by an Intensive Multifaceted Intervention,” March 18, 2016, <http://journal.frontiersin.org/article/10.3389/fnhum.2016.00117/full>.
- 34 Werner H. Erhard and Michael C. Jensen, “The Four Ways of Being that Create the Foundation for Great Leadership, a Great Organization, and a Great Personal Life,” Nov. 22, 2013, Harvard Business School NOM Unit Working Paper No. 14-027; Barbados Group Working Paper No. 13-03. (Harvard Business School Negotiation, Organizations and Markets Unit Research Paper Series.)
- 35 Chris Argyris, “Teaching Smart People How to Learn,” *Harvard Business Review* (1991), 99–109.
- 36 Erhard and Jensen, “Four Ways of Being” (referenced above).
- 37 Terry Patten, “Integral Soul Work: The Integral Marriage of Spirit, Soul, and Social Activism,” *Journal of Integral Theory and Practice* 10, no. 1 (June 2015), 134–45.
- 38 Purpose Guides Institute, “What Scientific Studies Show Purpose Gives You,” www.purposeguides.org/discover-your-purpose/.
- 39 When this transparent clarity blossoms and stabilizes it is often obvious that very few others are awake to this same freedom. There is an obvious and enormous difference between the free one (me) and the unfree ones (almost everybody else). And many schools and traditions of awakening acknowledge this difference in consciousness by bestowing honorific titles and differentiated roles in hierarchies of maturity (which are often accompanied by practices and responsibilities that ground and further mature those who

have awakened and those they serve). Outside of such traditions, those who awaken spontaneously often identify themselves as “enlightened” at this point. And this identification is usually a subtle form of egoic delusion and makes people, at least temporarily, spiritually arrogant and immune to feedback. But the thrust of transcendental spirituality ultimately delivers a realization of wholeness and unity, and wakes you up to the fact that this life is not and could not ever be primarily about “you,” “your enlightenment,” or any kind of personal fulfillment of any human individual.

- 40 Described in an unpublished talk by Adi Da Samraj given at the Mountain of Attention Sanctuary (Lake County, California), August 14, 1979.
- 41 This account is excerpted from an interview with Duane Elgin by Elizabeth Debold for *evolve magazin*, a German-language quarterly, May 2015.
- 42 See www.greattransitionstories.org/wiki/Main_Page, a project created by Duane Elgin, Lynnaea Lumbard, and Jeff Vander Clute.
- 43 When I was six years old, my parents moved our family from Chicago to the York Center Community Co-operative, a 70-acre cornfield that was purchased by members of the nearby Church of the Brethren (one of America’s three peace churches) and converted into a cooperatively-owned interracial community as “a witness for peace and brotherhood.” There I was generously mentored by my “co-op aunts and uncles”—a varied mix of fierce individuals, including conscientious objectors, Japanese-Americans who had been interned during WWII, civil rights leaders, labor organizers, and in-the-system political activists.
- 44 Michael Meade, *The Genius Myth* (Seattle: Greenfire Press, 2016). Source based on my correspondence with author.
- 45 Daniel Pellerin translation of “Schopenhauer as Educator”—excerpt quoted from Maria Popova’s Brainpickings site: www.brainpickings.org/2015/09/30/nietzsche-find-yourself-schopenhauer-as-educator/.
- 46 See Joanne Hunt, “Transcending and Including Our Current Way of Being: An Introduction to Integral Coaching,” *Journal of Integral Theory and Practice* 4, no. 1 (2009), 1–20.
- 47 See <https://pocketproject.org>.
- 48 Sam Keen, introduction to the 1973 edition of Ernest Becker, *The Denial of Death* (New York: The Free Press, 1973), xiii.
- 49 “Answering the Call of the Mycelium Warrior,” March 8, 2016, <http://fantasticfungi.com/mycelium-warrior> (accessed May 1, 2017).
- 50 Ibid.
- 51 See <http://arts.brookes.ac.uk/staff/shelleysacks.html>.

- 52 Vimala Thakar, *The Mystery of Silence* (Holland: The Vimala Thakar Foundation, 1977).
- 53 Charles Eisenstein, “The Election: Of Hate, Grief, and a New Story,” November 10, 2016 blog entry, <https://charleseisenstein.net/essays/hategriefandanewstory>.
- 54 Adi Da Samraj, *Not-Two Is Peace*, 3rd ed. (Middletown, CA: The Dawn). Horse Press, 2009).
- 55 Paul Hawken, *Blessed Unrest: How the Largest Social Movement in History Is Restoring Grace, Justice, and Beauty to the World* (New York: Penguin, 2007), 4.
- 56 John Kania and Mark Kramer, “Collective Impact,” *Stanford Social Innovation Review*, Winter 2011, https://ssir.org/articles/entry/collective_impact.
- 57 Ibid.
- 58 A. Lawrence Chickering and James S. Turner, *Voice of the People: The Transpartisan Imperative in American Life* (Goleta, CA: da Vinci Press, 2008).
- 59 As pointed out in the previous chapter, tribes, ethnic groups, religions, races, and nations have shared interiors and collective “souls.” The souls of nations and peoples are essential dimensions of human character. Recent events make it clear that they will violently resist being homogenized into a single world culture. And yet we live together on a single globe, and many of us have lost a sense of our original tribal identities and become global citizens. We are members, in effect, of new global tribe(s). Others of us are dual citizens, of both our global and our original tribes. The polarity between nationalism and globalism is complex—something we are all just beginning to learn to navigate.
- 60 Integral politics is international and diverse. Although this discussion refers to universal principles, I and most of my readers are most deeply familiar with U.S. politics, and many references here are to the particular political dynamics of the U.S. These references are also appropriate because the U.S. is the world’s most politically powerful and consequential nation.
- 61 John T. Kesler, *A Call for an Integral Political Movement* (2017)—from my review of a prepublication draft. Also see Part One of this work, “Why Maturity Matters in Our Political Leadership,” posted on Kesler’s site at <https://johnkesler.com/why-maturity-matters>.
- 62 See Robb Smith, “Inside the Great Release,” (August 31, 2017), <http://integrallife.com>; and “The Great Divide” (August 11, 2016) and “Thriving in the Transformational Era” (March 11, 2016) at Robb Smith’s website, www.robbsmith.com (which includes many of his blogposts).

- 63 See Jonathan Haidt, *The Righteous Mind: Why Good People Are Divided by Politics and Religion* (New York: Random House, 2012).
- 64 Ken Wilber, *Trump and a Post-Truth World* (Boston: Shambhala, 2017).
- 65 See Chickering and Turner, *Voice of the People*.
- 66 www.transpartisanreview.com
- 67 www.bridgealliance.us
- 68 David Brooks, "Startling Adult Friendships," September 18, 2014, www.nytimes.com/2014/09/19/opinion/david-brooks-there-are-social-and-political-benefits-to-having-friends.html.
- 69 Steve McIntosh, "Why Centrism Fails and How We Can Better Achieve Political Cooperation" (The Institute for Cultural Evolution, July 2016), www.culturalevolution.org/docs/ICE-Why-Centrism-Fails.pdf (retrieved April 3, 2017).
- 70 Ibid.
- 71 Andrew Harvey, *The Hope: A Guide to Sacred Activism* (Carlsbad, CA: Hay House, 2009), 125.
- 72 There is profound happiness in engagement, so we need not disconnect from the truth Campbell points to either.
- 73 David Bohm suggested that the world's crisis could best be addressed by deep open dialogue that could liberate the limiting structures of thought that were creating it; he proposed some basic practices, and engaged a series of public dialogues with Jiddu Krishnamurti, spawning "Bohmian dialogue."
- 74 See Terry Patten, "Why 'We' Matters: Transformational Potentials of Evolutionary Subjectivity." In O. Gunnlaugson and M. Brabant, eds., *Cohering the Integral We Space: Engaging Collective Emergence, Wisdom and Healing in Groups* (Occidental, CA: Integral Publishing House, 2016).
- 75 *The Technium* ("Scenius, or Communal Genius") on Kevin Kelley's website: <http://kk.org/thetechnium/scenius-or-comm> (accessed May 3, 2017).
- 76 Ibid.
- 77 The earliest we-space experiments took place around Ken Wilber, who allocated an entire quadrant (the lower left) to intersubjective practice, and created Integral Institute seminars where higher intersubjective spaces were regularly convened and facilitated, especially through Genpo Roshi's "Big Mind" process as transmitted by him and by Diane Musho Hamilton. Some important early work on collective awakening came from the Enlighten-Next spiritual community, founded by Andrew Cohen, and, upon the community's demise, has produced exciting offshoots through the work of Craig Hamilton, Jeff Carreira, Thomas Steininger, and Elizabeth Debold.

Olen Gunnlaugson brought methodological clarity and self-awareness to the fact that a whole field is emerging, drawing from previous dialogue practices, especially from Francisco Varela and Otto Scharmer. This greater experiment spread through the whole integral evolutionary mainstream via integral conferences, both theoretical and practice-oriented. Then Decker Cunov and a whole community devoted to “Circling” (a dynamic, open-ended, intersubjective practice) attracted a whole generation of integral practitioners. Robert MacNaughton built perhaps the largest of all communities of integral we-space practice at Jeff Salzman’s Boulder Integral Center, where he has, with Diane Hamilton and myself, been offering “The Integral Living Room” in a forum where people have “the best conversations of our lives.” Spiritual teacher Thomas Hübl taught people to access subtle information fields and engage in transparent communication and the birthing of a new “we.” Patricia Alberé developed the Evolutionary Collective, which involved long-term commitment and community. Dustin Diperna, Christina Vickory, and others developed WE Practice. Sean Wilkinson, John Thompson, Jordan Allen, and Philip Watson are now spreading and evolving Circling in Europe and Latin America. I have worked with most of these people and conducted original experiments in integral rhetorical praxis and soul work. This list is undoubtedly leaving out many important additional experiments. Michael Brabant and Olen Gunnlaugson coedited *Cohering the Integral We Space*, an anthology of writings expressing different schools, and convened online community exploration of the field. Conferences have been held in both the U.S. and Europe.

- 78 Bill Kauth and Zoe Alowan, *We Need Each Other: Building Gift Community* (Ashland, OR: Silver Light Publications, 2011).
- 79 Terry Patten, “Enacting an Integral Revolution: How Can We Have Truly Radical Conversations in a Time of Global Crisis?” *Journal of Integral Theory and Practice* 8, nos. 3 and 4 (December 2013).
- 80 The former name of their intersubjective practice was “Evolutionary Dialogue.”
- 81 Thomas Steininger and Elizabeth Debold, “Emerge Dialogue Process: The Intersection of the Higher We and Dialogue Process,” in Olen Gunnlaugson and Michael Brabant, *Cohering the Integral We Space: Engaging Collective Emergence, Wisdom, and Healing in Groups* (Occidental, CA: Integral Publishing House, 2016), 269–94.
- 82 In this enormous global project, which has already begun and which will occupy us for decades, we are working a process whose potential is to discover how to honor and learn from people of every racial, ethnic, gender, religious, and worldview classification, without failing to honor progress,

tradition, or the unique role of our new, universalist global tribe. Our task is to find ways to hear one another without giving up our own experience, interests, and unique perspectives—ways that allow us to coexist and cooperatively enact effective approaches to our challenges amidst a whole new order of cultural collisions.

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