

## Extra Q&A Session Nov 19, 2018

### *A New Republic of the Heart*



Dani Lucena Platt

November 14 at 7:04 AM

With the encouragement of my two lovely, intelligent and conscious members of my study group, [Mette Millard](#) and [Stuart Voaden](#), I would like to share the following with all of you. Please braise yourselves, as this is a recount of what has been my own process of becoming an activist, a change maker and creating my own community, with material from different sources including Integral Coaching Canada and this course with Terry Patten, among others.

I'm a Venezuelan at heart, proud to also hold a British passport (and not only because facilitates traveling) through my husband of 18 years and now living in Spain, as I want my daughter to be fluid in my mother tongue Spanish.

When I was working in a successful role at Experian, a British transnational financial company, about 6 years ago my beautiful baby brother died instantaneously in a car crash. My life was turned upside down. The following days, months a constant internal inquiry start forming "what was life about?", "What do I want to do with my life?". I knew for a long time I wanted to work with women in Latin American but I wasn't clear how. Then I came across with Integral Coaching Canada. I found there, the new framework that I needed to work with these women in a way that will honour them, their environment, at the same time that will help them with more intentional developmental trajectories to a new way of being. A truly integral Framework that was attuned with the reality of those amazing women.

Last November I finish the whole training to the Mastery Level with ICC and for the last 6 months I have been working on launching my Community for Women in Leadership position in Latin America, which main vision is 'to become a movement of diverse women leaders committed to develop our leadership skills together, to encourage each other and to thrive as daring and authentic leaders from a new paradigm based in feminine intelligence.'

Now, my main question was where do I start when building a community or group and how do I build it in a way that is sustainable and also scalable? So, in truly integral perspective I started to create what I called Dare to lead with feminine intelligence: "An integral roadmap to lead in a meaningful and fulfilling way". In other ways, my own way to contribute to a New Republic of the Heart in Latin America.

As part of our Master Certification Module with ICC, we worked in a Project which was where I started to put down these different ideas but which has now evolved to what I'm expressing here.

To help and support us to focus on our project we were encouraged by ICC to see it from the 4 different perspectives or quadrant view. This way we were able to get a good sense of the major pieces of the project and build a truly integral Plan before start taking action.

Now there is a great important distinction here this quadrant analysis should be done for me as the head/facilitator/ leader of the community project. This is pretty much related to the Inner work Terry mentions in the book. But also needs to be done separately for the Community Project itself or the outer work, and the people my community wants to connect. After all the members are the ones that are going to make the community. They are the community.

Below a brief description of how this inner inquiry might look like for me as the creator or founder of this community. Or as Terry might put it, as a revolutionary leader of a New Republic of the Heart.

UL

- What are my gifts, talents and capabilities that I can observe through the thread of my life? Really explore what is already here.
- What is the contribution that I long to make in this world?
- What values, beliefs, vision and mission get expressed through me on this project?
- How do I want to be in this Project? Do I want to be seen as the leader, an authority, a facilitator or a learner and pretty much just another member of the community? Hint I want to be seen as a Learner Leader. The least that I want to be seen as is an authority, as this will diminish the creation of cooperation and a flat structure community where cooperation, courage, creativity and connection are our main values.
- What are my biggest hopes/fears? How do I deal with optimism and pessimism about the reality around my vision?
- How do I want to grow and change (my new way of being) in relation to the revolution I want to build? What do I understand about how I can mature in the inner work in a way that transforms and integrates it with the outer work?
- How do I define my level to “no-matter-what commitment” with building my community?

UR

- What is needed when I consider taking action towards manifesting and making real my contribution to the world? This is the action realm so what is stopping me from moving forward?
- In what I desire to bring out into the world, what needs to emerge now? What wants to come next?
- Is there anything that I now need to let go of that no longer fits?
- How do I express my main values through my actions/behaviours?
- How do I know my behavior in this project is the way that I intended?
- How do I know I’m wavering in my “no-matter-what commitment”?
- What actions do I find challenging? What actions do I find energizing?
- Which habits do I need to engage in to support my community? Which habits that I have might limit building my community?

LR

- This is very much related to the area/system where I want to start implementing my skills? Also, it is here where I found the answer to the question do I have a proper framework to make possible my contribution?
- So what structures, processes and systems do I need to know and/or build for my community?
- What measurements do I want to establish that will provide evidence of my commitment to building my community?
- What resources personal, professional and social do I have to draw upon?

LL

- What is the value received by others through the realization of my offering/service?
- What are the key people that will be involved or impacted by my community?
- How do I behave and speak so they experience me in a way that have them open and interested in what my

community have to offer?

- What are the values that we share? What are the differences?

This quadrant view is an amazing tool to help me get a better idea of what is already available to me or my current way of being, which will inform me with what I have available but also what is not helping me advance in the project and also what is it that I want for my future and what new way of being will make it possible.

The way that I get to that NWOB is through the realization of my community project and all the new capabilities I would have included and transcended through the building and management of my project.

How does this online community looks like from the 4 perspectives? I will work in another post describing how the creation of an online community looks like from these 4 dimensions of reality. I believe these perspectives have been greatly informed by Terry's deepening practices and questions in this course as well as some resources I have in community building.

In the meantime, it would be great to have any contribution in how we can actually make this inquiry a lot more practical and clear for activists?

5

Terry Patten, Mette Millard, Anneke Edson and 2 others

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**Karen Shearer Voorhees** Wow!

I have a very full schedule with a lot of travelling for the next 2+ weeks, but after that I would love to chew into this in detail with you and any others.

3

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**Dani Lucena Platt** [Karen Shearer Voorhees](#) that would be great. I remember you from an earlier triad break, your contribution then and in the previous class is contributing to overcome my ingrained skepticism. How could my small actions ever contribute to make any small shifts in the world?

I can't express enough how Terry and his NROTH is helping me to keep going and truly align myself with my values as an activist by getting my hands dirty 🤖

It has also helped that I got the most 2 wonderful fellows revolutionaries in my study group [Stuart Voaden](#) and [Mette Millard](#). We have certainly managed to create a safe environment to show up and learn from each other.

2

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**Helen Dianne Shearer** me too, for the same reasons

2

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Write a reply...



**Anneke Edson** I will have to read all this again much more slowly but, Wow! Just ... WOW!!!



3



Like · Reply · 4d



**Claudia Wittmann** Dani, again, this is so valuable - I've seen some of these questions in other contexts, e.g. the context of teaching and education - and I do like your question on how our online community looks like from the 4 quadrants or perspectives. And again the question of reaching out to them and behaving and speaking in a way that makes them open and interested in what you have to offer makes me want to ask the following: How do we speak from the heart to the "unknown"? To the mystery of existence? Would prayer be needed? Gratitude for what they also have to offer to you and your community? How could you really connect? Sing, dance, celebrate together? I'm wondering about the listening part and where its best place would be. The sort of deep listening to what they have to tell - and then inquiring together where that conversation could lead to - to what action and which kind of leadership and really being in the field and tapping into the energy of the we space that wants to speak through that we. I've shared a transcript on some we space work, a few weeks ago in this group - in which a member describes the process of the group as evolving from their connection: I'm giving the full quote here: And then the second thing that I'm really curious about exploring is also again in the circles of next stage organizations is and that I am swimming in right now there is this big purpose focus and it is this idea that oh we have a big purpose that all of us come together and we're aiming in that direction and that becomes sort of the Energizer for the organization to continue and deliver [...] and what I realize is that sometimes the diversity between people and the lack of welcome and compassion within that group totally makes that higher purpose not galvanizing [...] the higher purpose is beautiful - but what I've experienced in this group actually is that because there's so much trust and there's so much transparency and everything is allowed and welcome I actually want to go looking for big purposes with you all. "

[In a way there we are again: follow your heartbreak and your genius with your friends]

Rather than look for big purpose and then try to find people who are lining up I rather say these are people I have real love and trust with and I have high energy with. I want to create things with you and I almost don't care what they are and I don't even care what the big purpose is because if we're having a great time and we're going for it and it's like as meaningful as this connection is then I'm willing - let's do it, I'll go. There's something there that I want to keep following [...] what if the next phase of organizations across the globe is more about people finding this common communal space of resonant resonance we space, where their inner creativity is really unlocked because I think that these higher spaces - those higher purpose sort of big purpose stuff actually limits and constraints your creativity. It's like we're going to create X so we need all the people who have the skills to create X and we know who these people are [...] but what if this foursome said what could we create together? [...] then we are like a four headed beast, we have skills, pasts, histories etc. we are just connected to each other, we want to do something together, what could that be - it could be really creative and unexpected, so I wonder if there's a different paradigm or model for how organizations begin, what if we began from this foundation rather than from that big purpose reason why foundation. I don't know if that can scale but that's one of the questions I have.

2

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**Dani Lucena Platt** Claudia these are very good questions. I have seen the video you have posted before and saved it.

I found it very relevant as it was done in an online environment, which is the same platform I will be using for my community. The big purpose sounds to me as a shared vision.

Connection and belonging are key for the survival and sustainability of the community. So how do we make connection and belonging possible?

Agree with you that deep listening, gratitude and tuning into the we space is vital.

Also, when forming this community I do not envisage attracting people to it with certain skills I'm looking that my community appeals to someone that identifies with a vision, a vision they can make theirs.

The type of inquiry you are suggesting here I believe is what Terry is suggesting we do. An inquiry coming from the heart. I still like using the quadrants as a reference model but perhaps we need to see these perspectives through our hearts. Not sure how but willing to try more.

2

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## Joris Blankers [Q&A form]:

Dear Terry,

My question is a bit long and I don't know if it is suitable for answering online but let me know what you think. Ill try to be as brief as possible.

What

I am busy starting communities of practise for specialists to work together to advance their practice ( personal and professional) . conscious lawyers, or doctors , judges)... in some ways you could see it as an intown monastery/sangha, in some way as a rotary and in some way a training / peer to peer coaching group. In short, a form of a we tribe organized around professions for working within, against and around the system. Because the groups work locally /regionally they meet/coach on and offline and they work/do projects online and in the community offline . Based on what I read and know I run into dilemma's

**Considering.** You talked about the three groups who dominate the discourse ( innovators etc). I think in some way they hold the same worldview as the highest truth ( innovator/orange, green /ecologists and evolutionary/yellow/teal ) and in some way people in these groups have different worldviews (for example ( ecologists could aspire cognitively to an integral worldview but have a dominant worldview way lower (red, blue, orange). Furthermore, You describe the necessary adequacy for participation in a higher we space. / and what skills and capacities are necessary (Capacity to see shadow; sense a subtle transpersonal space , Emotional intelligence, compassion ) and you say moderns, postmoderns.. have a difficulty to do that ( were most of the ecologists and innovators are). I also recall what Wilber once told that people in general need 5 year to raise a level of maturity ( that sounds like you should aim for people of the same worldview in a practicing group). Also in recollection that lower worldview literally cannot see (understand) the values of higher worldviews ( Wilber)

**The question.** Considering that people need to practice and learn, and that this needs both sameness a safe space (not to much worldview conflicts and a level of sameness (so you can grow together). Reading about the walled garden and working with like-minded people and values and guidelines to make actual practice possible instead of just talk); how to how to deal with different levels of maturity in inviting people, keeping it together or in some case parting people? Can you combine two worldviews in a group or stick to one group on the level of thought ( ecologist ) or the level of maturation ( green) ? Do I need different offerings of different sangha's for a different appeal to the 3 main groups? How do people grow in a COP and keep the right level of diversity and sameness to make it effective

While knowing

I read some about using Identity, norms, values, purpose, ( I also have the book of bill kauth / I read something about entry and how to end it) . intention, agreements for dealing with groups.

Hope to hear from you via mail or in the course online. All the best, have a happy day, Joris Blankers

## Anneke [course questions form]:

What struck such a resounding cord with me was a comment you made during our Session 11 class: that we should not, merely, be accessorizing ourselves with New Republic of the Heart ideals and practices but, more necessarily, stepping completely Out of our 'old selves' and Into our 'New Selves' who live, work, and breath NRH practices and ideals in every moment of our new citizenry within the NRH mission. Wow! and Yes! Brilliant! So i was inspired to take an honest look at my practices to see if i was merely "accessorizing" with them. And one thing i found wasn't pretty but it held a key to a long held question about my stuck-ness. I realized my recent attempts to live from a "don't know mind," while being successful superficially, were running into direct conflict with a life-long need to be "certain" about everything in my life: situations, relationships, what next steps to take in my day or in life in general. I've done enough counseling, in the past 7 years, to understand from where this overwhelming need for certainty comes. And i have come to understand how the need for certainty has made it difficult for me to let go of "preconceived ideas." And, more recently, i have learned from you that nothing, in and of itself, is certain because we only, ever, have a partial view of a much larger and vastly more complex wholeness. Still, i hadn't taken this information to a deeper level; therefore, not understanding how the practice of trying to live from a don't know mind was in direct conflict with my need for certainty. It seems easy to see now, but it wasn't until last week, and i am finding myself unsettled and lost. Just understanding that the conflict exists isn't helping me find the right path to a logical resolution. I hope you can give me some advice or some clues. Honestly, i don't really know what to ask or how to ask it but i think my questions are something like this. **Should i work to resolve my need for certainty first, by itself, before continuing to try to live from a don't know space? Or might these two approaches (modes?) (what would i call them?) have a common thread that i don't see? I guess i am wondering, what do you see as my best, most effective way to address the conflict between them?** As always, in deep gratitude for you, your inspired teachings, and your deep concern for us, your students. ae

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