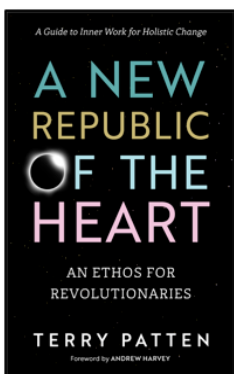


FOR IMMEDIATE RELEASE
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**We are facing unprecedented challenges to our very survival.
We need an equally unprecedented form of activism to
confront them.**

***A New Republic of the Heart: An Ethos for Revolutionaries*
shows us the way.**



“Wicked.” That’s how scientists describe the interlocking environmental, economic, and political problems we are facing today. Intertwined with these wicked problems is a pressing spiritual crisis that has many of us going numb because underneath we feel an anxious sense of foreboding. We want to make a difference, but our predicament is so complex and fundamental! How can we confront this uniquely 21st century set of challenges? With a uniquely 21st century form of activism, says Terry Patten, author of the groundbreaking new book, **A NEW REPUBLIC OF THE HEART: AN ETHOS FOR REVOLUTIONARIES** (North Atlantic Books, March 2018, paperback).

This robust and dynamic new form of activism fuses the “inner work” of personal transformation and awakening with the “outer work” of service and commitment to social justice. It calls on us to end the fragmentation between self and society, head and heart, and enact wholeness. Such activism can include social entrepreneurship, conscious business, community building, lifestyle innovation, and much more. Patten calls this *evolutionary activism*. It interweaves spiritual evolution with social and political engagement and recognizes that the two are interdependent. The purpose of evolutionary activism is to create whole system change. That means transforming everything from our economic system to how we have conversations. “Changes in consciousness and culture may be as essential to our shared future as reducing our dependence on fossil fuels,” says Patten. It is with integral evolutionary activism that we can bring about the profound transformation of self and world that our era requires.

Patten is available for interview. Excerpts of his book and author-penned articles are also available. Here is just some of what he can discuss:

- How after being **raised a political radical, he spent 15 years in an ashram, and emerged as an evolutionary activist who unites the inner and outer work.**
- **The paradox of our time:** We live in an era of great danger, but it is in times of deep instability that fundamental change is the *most* possible. It is also a time when we have the most opportunity for lives of meaning, purpose, and beauty.
- Many **political activists become burnt-out and embittered because they focus only on the outer work; many spiritual practitioners become solipsistic and ineffectual**

A NEW REPUBLIC OF THE HEART: AN ETHOS FOR REVOLUTIONARIES
Terry Patten | March 2018 | 352 pages | ISBN: 978-1623170479 | North Atlantic Books | Paperback | \$21.95
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because they focus only on the inner work. Both are only doing half the work. It is time for an integration of the two and only by doing this can we address the life-threatening problems that confront us.

- What did Mahatma Gandhi actually mean by **“being the change you wish to see in the world”**? What is the relationship between inner and outer change? And why is understanding this dynamic so important at this time in history.
- **Evolutionary activism in action:** Four case studies from whole systems change-makers around the world.
- **The 21st century “hero” will not be an individual** who saves the day, but a community that collectively transforms society and people.
- Why **basic optimism**—or at least a positive orientation toward every moment—**is a moral imperative**, even when the data encourages us to be grim.
- It’s time for a **“radical hope”** that is born in the faith of the human spirit, the process of life, and in the intuited sense that reality is whole and holy—even when the world around is under attack and imperiled.
- How **we can communicate effectively with people who don’t share our worldview, and why talking across these boundaries may be the linchpin of our survival.**
- New kinds of conversations are essential. **We need to start valuing inquiry in conversations as much as debate and education.** Only when we inquire together can we grow as a community and expand our consciousness.
- Why **following your bliss** so easily leads to delusion, and why **following your heartbreak** (and your genius) can ground your contributions.
- Why we must develop **an intelligent relationship with our (justifiable) anger.**
- Why we all need to ask ourselves **“who am I refusing to listen to?”**
- Our challenges call us to **a politics of human maturity.** This is the revolutionary “turning” in which wholeness reasserts its primacy over fragmentation and regression.
- We are called ultimately to **make an epochal transition to a whole new structure not only of thinking, but of being human**—a whole new stage of the evolutionary trajectory of our species.
- **Knowledge is always in the process of evolving.** No one can see truth with 100 percent certainty and most positions contain partial truth. Such self-aware humility is key to working and growing with others to come to the creative solutions we need.
- Why **cultivating “we-space,” is a key part of evolutionary activism.** We can enter into higher levels of collective consciousness that foster deep friendship, meaningful

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interactions, and rich conversations that deliver important insights, creative innovation, and problem solving.

ABOUT THE AUTHOR



TERRY PATTEN speaks and consults internationally as a community organizer, philosopher, and teacher. Over the last fifteen years he has devoted his efforts to the integral project of evolving consciousness through practice, and facing, examining, and healing our global crisis through the marriage of spirit and activism.

With Ken Wilber and a core team at the Integral Institute, Patten co-wrote *Integral Life Practice*, which distills ancient and modern practices into a contemporary transformational lifestyle. As creator and host of the online series *Beyond Awakening*, he has explored the big questions of our time with some of our most prominent and dynamic thought leaders. He founded and leads Bay Area Integral, which gathers and supports an integral community in the San Francisco Bay Area; he led a team at the HeartMath Institute that developed their first heart-rate variability monitor; and he founded the catalog company Tools For Exploration, which defined the field of consciousness technologies.

Patten is also a social entrepreneur involved in supporting restorative redwood forestry, innovating new technological alternatives to fossil fuels, and creating new currencies for a sustainable economy.

SELECTED PRAISE FOR A NEW REPUBLIC OF THE HEART: AN ETHOS FOR REVOLUTIONARIES

"A New Republic of the Heart should be required reading for all humans over the age of sixteen."
—**Stanley Krippner, PhD**, coauthor of *Personal Mythology*

"What we have here is possibly the finest example of the making of the possible human, and with this, the development of a possible world."
—**Jean Houston, PhD**, author of *A Passion for the Possible*

"Terry Patten has woven together strands from evolutionary neuroscience, deep ecology, integral theory, and spiritual wisdom to offer a practical path forward out of humanity's current morass. Fascinating, fast-moving, and heartfelt, this book is a gem."
—**Rick Hanson, PhD**, author of *Buddha's Brain* and *Hardwiring Happiness*

"Patten clarifies how our wicked problems require us to grow beyond debate, one-upmanship, and other non-communication, to talk and listen in new ways. He's right on the mark—we must reknit our social fabric—our collective future requires it."
—**Joan Blades**, cofounder of MoveOn.org and Living Room Conversations

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“Superb, exciting, sane, and enlightening—a social activism that is also personal, emotional, spiritual, ecological, relational, and that points toward the very leading edge of evolution itself.”
—**Ken Wilber**, author of *The Integral Vision* and *Grace and Grit*

“*A New Republic of the Heart* is THE manual for all who want to meet this moment as the historical call to action that it is. I’ve recommended this book as a must-read for all the women in my Feminine Power community who want to impact the world at the highest level.”
—**Claire Zammit, Ph.D.** Founder, FemininePower.com

“Each page is filled with insights and recommendations that are have personal, community and global significance....A must-read for those who know that together we can be catalysts of change, and pioneers of heart and soul based alternatives.”
—**Connie Buffalo**, Anishinaabekwe, President, Renaissance Project Int’l

“In *A New Republic of the Heart*, Terry Patten combines his brilliant mind and deeply compassionate heart to demonstrate a path to awakened activism. Terry shows how taking an integral perspective can uplift and inspire us to behold our most dramatically positive possibilities, even in the face of our looming environmental crisis. This important book connects pragmatic practices for individual activism with a visionary blueprint for a broad transformation of human civilization—the better world we know is possible. Reading this book will show you how to become the change you want to see.”
— **Steve McIntosh**, President of the Institute for Cultural Evolution, and author of *The Presence of the Infinite*

“With deep caring and illuminating insights, Patten unfolds an integrative analysis of our impending crisis of civilization, offering a valuable handbook for those trying to make sense of what’s happening and—most importantly—what they can do about it. Even those of us who don’t subscribe to integral theory can benefit greatly from Patten’s investigation of an “activist spirituality,” his recognition of political engagement as love in action, and his astute explanation of how we can become effective agents of change through self-transforming communities.”
—**Jeremy Lent**, author of *The Patterning Instinct: A Cultural History of Humanity’s Search for Meaning*

SUGGESTED INTERVIEW QUESTIONS

1. In *A New Republic of the Heart* you call for a new form of activism that combines the “inner work” of spiritual development and the “outer work” of political engagement. You call this evolutionary activism. How did you come to believe that this is what our current challenges require?
2. We’re facing environmental, political, and economic problems that are so complex and formidable that scientists call them “wicked.” What does this mean, and what are the implications?

3. Why do you say we are at once living in a time of great crisis and great opportunity?
4. You claim not only that fundamental change is the most possible in times of great peril, but that it is these times that offer us the most opportunity to live lives of purpose and beauty. Many people, witnessing ecological crisis and cultural crisis, are convinced that human civilization has begun to unravel—what would you like you say to them?
5. *A New Republic of the Heart* stresses the need for spiritual people to become politically aware and active. Why do you think these two camps—the spiritual seekers and the political activists—are not more integrated already, particularly in the US?
6. Why do you believe that problems we face—environmental, economic, political, and social—can't be addressed with the strategies that we have used in the past?
7. You were born into a family of political and social radicals, and in your early adulthood you became an intense spiritual practitioner. Tell us about your background and explain how your personal life experience brought you to integral philosophy and evolutionary activism.
8. Wholeness and the impulse to enact it is an important theme in your work. Can you explain what you mean by wholeness and why do you say we need to respond to fragmentation with wholeness to address the life-threatening problems we face?
9. Give us an example of integral evolutionary activism in action. Where has it been used, what problems has it been used to address, and how successful has it been?
10. You call basic optimism a moral imperative. What do you mean by this and how can we stay optimistic in the face of the problems that threaten our very survival?
11. You say, instead of “following your bliss” you should “follow your heartbreak and your genius with your friends.” Can you explain?
12. You have a chapter in *A New Republic of the Heart* on “Conversations that Matter,” in which you say that we need to radically change how we talk to each other. How do we do that, and why?
13. You write about the importance of “we-space”, What is it? What are its potentials?
14. In our society the “hero” is thought of as an exceptional individual who overcomes his nemesis and saves the kingdom, but you ask us to re-think that and to embrace a more feminine version of heroism. Can you describe that new kind of heroism?

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15. Some people believe that we have passed the point where our environmental crisis can be solved and that we are headed for civilizational collapse. Let's assume they are right. Is the kind of approach you're suggesting still valuable?
16. Most people, many scientists and scientifically literate people included, don't take our ecological crisis as seriously as you do. They believe technological progress will resolve those problems. Do they have a point? What do you think they're missing?